



**Acquired
Brain Injury
Network**

November 3-4, 2008
Hilton Toronto • Toronto

Conference Presentation Abstract ~ Workshop

Date/Time/Room: Tuesday, November 4, 2008 1:00 pm – 1:45 pm Carmichael / Jackson

Abstract ID: 7d

Title:

The Benefits of Osteopathic Treatment for Acquired Brain Injury

Author:

Natan Gendelman, DOMP, Director of Health In Motion Rehabilitation

Presenter:

Natan Gendelman; Practising Osteopath (trained in Canada) and Physiotherapist (trained in Israel); Director Health In Motion Rehabilitation

Summary:

The manual practice of Osteopathy is a gentle and non-intrusive therapy that is over 130 years old. Osteopathy requires a thorough knowledge of physical and functional anatomy. This knowledge is necessary because Osteopathy does not treat just the symptom of a condition. It treats the underlying causes of the symptom or symptoms that may manifest as pain or stiffness, for example. In the case of Acquired Brain Injury, Osteopathic treatment may alleviate pain and fatigue, as well as improve muscle tone and metabolism, which in turn may lead to improvements in daily function.

In the Interactive Workshop, Mr. Gendelman will introduce participants to the main practices of Osteopathy. Before treating a patient, the Osteopath takes a complete clinical history. After a thorough assessment of the patient, the Osteopath provides treatment through one or more of myofascial release, visceral manipulation and cranial sacral therapy. If time permits, he will also cover the relationship of these Osteopathic techniques.

In addition, Mr. Gendelman will present a number of case histories of patients he has treated successfully at his clinic. He welcomes questions about Osteopathy in manual practice, and will distinguish it from the other types of therapy currently practiced in Ontario.

Outcomes/Objectives:

To introduce conference attendees to the nature, treatment, and benefits of Osteopathy for Acquired Brain Injury.