Partners in Strength – Learning from the Lived Experience

Caron Gan, Family Therapist

Amir Karmali, Family-Centred Care Specialist
Our Time Together

Present overview of strengths-based approaches to rehab

Integrate the lived experience of families into clinical practice, research, and teaching

Introduce simulation-based training as a way to foster strengths-based family-centred care
ADVERSITY

Resilience

Dysfunction

Damaged

Shattered

Devastated

Strengthened

Resourceful
Traditional Medical/Rehabilitation Paradigm

- Disability or deficit orientation
- Problem focused
- Professional dominated
- Goals defined by professional
- Fix-it approach
- Fosters dependency, helplessness
The Killer D’S

- disorder
- dependency
- disease
- deficits
- dysfunction
- disabilities
Solution-focused Strengths-Based Care (Gan & Ballantyne, 2016)

Adversity and stress

Self-determination

POSSIBILITIES

Hope & optimism

Protective

Psychosocial adjustment

Empowerment
Post-traumatic Growth

Depression
Anxiety
Suicide

Resilience

Post Traumatic Growth

most People

PTSD
Family-Centred Care - Partners in Strength

- DIGNITY & RESPECT
- INFORMATION SHARING
- COLLABORATION
- Education
- Research

Holland Bloorview
Kids Rehabilitation Hospital

PARTICIPATION
Transform Care | Lead the System | Accelerate Knowledge | Inspire our People
Learning From the Lived Experience
Teaching Approaches

• Sharing personal stories one-on-one or in a group setting
• Participating in small group discussions to train professionals
• Participating in collaborative projects
• Presenting at NSO, grand rounds, and other continuing education programs
• Presenting at meetings, retreats and conferences
Learning From the Lived Experience
Teaching Approaches

- Consulting in curriculum development and review
- **Co-instructing courses**
- Pairing with students to share patient and family experiences over time
- Mentoring students who participate in service or other community learning projects
- Hosting students on home visits
Family as Faculty at Bloorview Research Institute

- BRI Symposium
- BRI Trainee Rounds
- BRI Lab Meetings
- OCARS Research Agenda Day
- CCHCSP Retreat Day Canadian Society of Clinical Investigators
Family as Faculty at Holland Bloorview

- Medical Home Visiting Program
- IPE Structured Clinical Placement
- New Staff Orientation Day 1
- **CFCC Full Day Simulation Training**
- Quality Committee of the Board
- Inclusion Workshop
- U. of T. - CP Professional training

- Conferences
- Bloom Interviews
- Nursing Day Retreat
- T & L Day

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What is Simulation-based Training?

Powerful educational tool that:

– recreates challenging situations
– is just like the real thing!
– facilitates learning in a safe and controlled environment
Training Simulation in Action
Managing Traumatic Grief and Loss Using a Strengths-Based Approach

Objectives:

- Identify effective listening skills
- Recognize validation and normalization skills
- Observe how to display empathy while regulating own emotions
- Recognize how a strengths-based approach impacts care
Simulation time!
I have this tiny problem where I always want more.
Brain Injury Family Intervention (BIFI/BIFI-A): An Evidence-Based Approach

This two-day interactive workshop will focus on clinical intervention for professionals (e.g., social workers, psychologists, rehabilitation counselors) who work with families of persons who have sustained an acquired brain injury.

Date: April 6-7, 2017
Holland Bloorview Kids Rehabilitation Hospital, Toronto, ON
THANK YOU!

WHO’S AWESOME?
You’re Awesome!
References


Amir Karmali,
Family-Centred Care Specialist
Client and Family Integrated Care
akarmali@hollandbloorview.ca

Caron Gan, RN, MScN, RP, AAMFT Approved Supervisor
Registered Psychotherapist, Marriage & Family Therapist
Clinical Team Investigator, Bloorview Research Institute
cgan@hollandbloorview.ca